



Moms R Us 2012

, a support group for women

who are raising or helping to raise children & grandchildren of all ages invites you to join our supportive group of ladies in learning how to be the best parents God wants us to be.

The group meets on Tuesday mornings from 9:30am -11:30am at the Orangevale church of Christ, 5915 Main Avenue in Orangevale

Winter/Spring Schedule

January 10th Welcome Back session –

Devotional; “Time for New Year’s Resolutions, from Virginia
A video vignette; “*Nicole Johnson Live*”

January 17th

No Class due to San Juan Unified Schools work day.



Guarding Your Child’s Heart



January 24th

Session 1 Do you Have a Plan?

January 31st

Session 2 How Thoughts Form Your Belief

February 7th

Session 3 Memorize and Meditate

February 14th

Session 4 Belief #1 -- Humble Yourself

February 21st

No Class due to Presidents Birthdays Holiday.

February 28th

Session 5 Practicing Humility in the Family

March 6th

Session 6 Belief #2 -- Love God

March 13th

Session 7 Loving God with Our Kids

March 20th

Session 8 Belief #3 -- Love Others

March 28th

Session 9 Applying Our Love for Others

April 3rd

No Class due to Spring Break.

April 10th

Session 10 Belief #4 – Rejoice in Trials

April 17th

Session 11 Rejoicing with Our Kids During Trials

April 24th

Session 12 Stay the Course

May 1st

Spa Morning – a bit of pampering from our Mentor Moms



May 8th



Sharing with the Needy –

Making items for needy children and Pot-Luck Luncheon

Classes for the children whose caregiver is attending the mother’s group;
Child Care/Cradle Roll Class for infants up to three years old,
A Christian based Preschool program for children 3 and above, and a
Earth Science Class for Home School children in the primary grades

All free of charge. – No membership fees required

For more information or to enroll, please call 916-988-2011.